



Cataract quick facts

A cataract is a cloudy area in the lens of the eye.

Get regular eye and physical exams to help detect when cataracts are forming.



Imagine a thick cloud covering the lens of one or both eyes. This is what it is like to have cataracts. You may see glare from lamps or the sun and halos around lights. It is also harder to see at night. Let your doctor know if you have these problems.

Cataracts are the leading cause of blindness around the world. Vision can be restored, in most cases, with cataract surgery, one of the safest and most common surgeries done.

Consider cataract surgery when a cataract keeps you from doing the things you want to do. Find out more from the American Academy of Ophthalmology at aao.org.