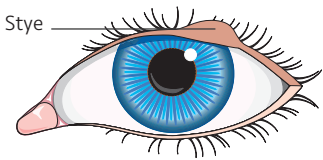




Stye

A stye is an infection in a tiny gland of the eyelid.



SIGNS & SYMPTOMS

- Red, painful bump or sore on an eyelid.
- Watery or tearing eye that burns and itches.
- The red bump may form a head and appears yellow if it contains pus. This usually drains on its own within days.

CAUSES

Sties form from clogged oil glands at the base of an eyelash.

TREATMENT

Most sties respond well to self-care and don't need further treatment.

TRIAGE QUESTIONS



With a stye, do you have any of these problems?

- Redness and swelling haven't drained within 1 or 2 days.
- A stye makes it hard for you to see.
- Many sties come at the same time.
- You get one stye right after another.

NO



YES



SEE DOCTOR



USE SELF-CARE



SELF-CARE / PREVENTION

- Wash your hands often.
- Don't touch your eyes with your fingers. Use a tissue instead.
- Use clean washcloths and towels each time you wash your face.
- Don't share washcloths, towels, makeup, or eye drops with others.
- Don't expose your eyes to excessive dust or dirt.

Relieve Discomfort of a Stye

- Apply warm (not hot), wet compresses to the affected area 3 to 4 times a day for 5 to 10 minutes at a time. Use a clean washcloth each time.
- Don't poke or squeeze the stye. A more serious infection could occur.
- If the stye drains on its own, gently wash the pus away with a mild, soapy solution made from half baby shampoo and half water. Or use eyelid wipes.