

Stroke signs



Seek emergency medical care for someone who shows one or more of the following warning signs: sudden numbness or weakness of the face, arm or leg, especially on one side of the body; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, dizziness, loss of balance or coordination; or sudden, severe headache with no known cause.

The **FAST** test can help you remember what to do if you think someone is having a stroke:

Face: Ask the person to smile. Does one side of the face droop?

Arms: Ask the person to raise both arms. Does one arm drift downward?

Speech: Ask the person to speak. Does the person have slurred speech or trouble speaking?

Time: If you observe any of these signs, call 9-1-1.

